



The Certification Chronicle

January - April 2016

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From the IBC Executive Director

So many new things have happened here at IBC the past few months that we are excited about.....

- We started a **temporary CADC** (tCADC) credential in November - this is great news for CADC applicants who have enough education hours but not yet enough experience or supervision hours.
- We started our **Peer Recovery Specialist** (PRS) credential in December, with the 90-day grandfathering period in effect from 1/1/16 until 3/30/16 for those who are already certified with IBC as a MHPSS
- We started our own **Facebook** page (be sure to go to Facebook and "like us" or click on the link below). This will be a great way for you to receive updated information on a regular basis!

You can read more about these new credentials in the articles below.

As always, Lynn and Deb are here to assist with any questions you may have. Happy New Year!

IBC Announces the Temporary CADC (tCADC) Credential

In response to concerns IBC has been hearing from the field concerning the difficulty of finding fully certified professionals, we developed the Temporary CADC (tCADC) credential for Iowa professionals who have enough education hours to meet CADC or IADC requirements, but have not yet had enough experience or supervision hours.

Counselors interested in applying for the tCADC can find the application on IBC's website at www.iowabc.org under "Downloads." The counselor will need to complete the tCADC application, have transcripts sent to the IBC office and submit copies of certificates of completion for applicable trainings. Once the application is complete, the applicant will need to pass the exam and will then receive a two-year tCADC certification.

Since the tCADC may only be held for two years, either the CADC upgrade application or IADC upgrade application needs to be completed prior to the expiration of the tCADC certification. This upgrade application will need to demonstrate the required amount of experience and supervision hours.

More detailed information about the tCADC may be found in the Counselor Handbook on the IBC website.

Peer Recovery Specialist Credential & Grandfathering

IBC began offering the Peer Recovery Specialist (PRS) credential this past month! This credential is for substance abuse and mental health peers.

The PRS credential is an upgrade from the Mental Health Peer Support Specialist (MHPSS) credential which IBC offers in that while it requires the same peer training plus an additional 6 hours in Ethics, it is also reciprocal with other states that offer the PRS credential (currently 17 states and Canada).

IBC is offering a **90-day grandfathering period** which runs from January 1, 2016 through March 30, 2016 for all certified MHPSS's! This means that a MHPSS can apply for the PRS credential (application is available on the IBC website) and submit the completed application along with verification of the additional 6 hours in ethics and the required fee. The grandfathering PRS applicant will NOT have to take the IC&RC computer-based exam so long as their PRS application is completed within the 90-day grandfathering period.

AFTER March 30, 2016, all PRS applicants will have to take the exam and pay increased fees to cover this exam.



April 19-20, 2016

Featuring: Scott Miller, Jon Zibbell, Dan Reidenberg, Allan Barger

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Iowa Department of Public Health
Promoting and Protecting the Health of Iowans

Iowa Department of Public Health Substance Abuse and Mental Health Services Administration

Conference to be held at
Veteran's Memorial
Community Choice Credit Union Convention Center
833- 5th Street
Des Moines, Iowa

Registration Fee: \$140 including free event parking.

Online registration will be open in February 2016 at
www.trainingresources.org



Any questions?
Training Resources
Phone: (515)309-3315
Becky@trainingresources.org
www.trainingresources.org

Like us on Facebook!!

Yes, IBC now has a Facebook page! Please go to the link at the bottom of this newsletter and "LIKE US!"

We'll send out news and information over Facebook to keep you informed in between newsletters.

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Changes to the Recertification Process

Don't forget that recertification applications are available on our website in a fillable format - simply complete it, save it to your computer and then send as an attachment in an email to the IBC office. Payment then needs to be made via check, cash or with Dwolla.

While we encourage you to always hang to your original copies of certificates of completion, ***you do not need to send copies to us unless we notify you (via email) that your recertification was chosen for an audit.***

Ethics Sanctions

During the past several months, the following have had a substantiated ethics violation with sanctions placed upon his/her credential by an IBC hearing panel:

Danette Damman (CADC) - Permanent Revocation

Michelle Johnson (CADC) - Revocation for 5 years

Jessica Scott-Pierce (IADC) - Permanent Revocation

<p>Laban's Addiction Specific Trainings</p> <p>Let us help with your credentialing needs</p>	<p>DISCOUNTS Buy 2 – deduct 10% Buy 3 – deduct 15% Buy 4 or more – deduct 20%</p>	<p>Motivational Counseling 15 hours \$95 Brief Interventions in Chemical Dependency 15 hours \$95 Dual Diagnosis: Mood Disorders 15 hours \$95 Psychopharmacology in Addiction Settings 15 hours \$95 Dual Diagnosis: Personality Disorders 15 hours \$95 Domestic Violence & Substance Abuse 15 hours \$95 Three Theories of Counseling: Psychoanalytic, Cognitive & Reality Approaches 15 hours \$95 Older Adults and Substance Abuse 15 hours \$95 Brief Family Therapy for Adolescents 15 hours \$95 Working with Gambling Problems 15 hours \$95 Case Management Issues 10 hours \$75 Mental Status Assessment in Addiction Settings 8 hours \$65 Health Issues for Addiction Setting Employees 8 hours \$65 Understanding Withdrawal & Detoxification 8 hours \$65 Drugs of Abuse 8 hours \$65 Adolescent Treatment Issues 8 hours \$65 Criteria Based Documentation 7 hours \$60 Group Counseling Process & Techniques 7 hours \$60 Values Driven Addiction Supervision 6 hours \$50 Defense Mechanisms/Coping Strategies 6 hours \$50 Addiction Based Treatment Planning 6 hours \$50 Ethics Training 6 hours \$50 HIV/AIDS Training 6 hours \$50 Dual Diagnosis-Assessment Issues 6 hours \$50 21st Century Ethics in Counseling 6 hours \$50 Cultural Diversity in Counseling: Aspirational Ethics 6 hours \$50 The AIDS Rollercoaster: Counseling the HIV Client 6 hours \$50 Clinical Supervision Principles, Techniques & Methods 6 hours \$50 Clinical Supervision Foundations 6 hours \$50 Cognitive-Behavioral Treatment of Cocaine Addiction 6 hours \$50 The Methadone Controversy 4 hours \$30 Exploring Ethical Issues 6 hours \$50 Confidentiality Training 6 hours \$50</p>	
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IC&RC Practice Exams

Practice exams are available for those preparing to become certified as a CADC, IADC or CCS. Practice exams were developed in conjunction with IC&RC's testing company to mimic the exact look and feel of IC&RC's Computer Based Testing (CBT)

platform. Each practice exam has 50 questions which candidates have 60 minutes to complete. After completing the practice exam, candidates will receive a score report identifying their areas of strength and weakness. The cost of the exam is \$49.00 and is paid directly to IC&RC online.

For more information, go to www.internationalcredentialing.org; click on "Are You a Professional," then click the "Exam" tab and "Prep."

The next practice exam coming will be for CPS candidates.

Who and What Is IC&RC?

The Iowa Board of Certification is a proud member of IC&RC (the International Certification and Reciprocity Consortium). You may know about IBC's membership with IC&RC, but do you know what this means for Iowa's certified professionals? Through our annual dues to IC&RC, IBC is able to provide testing and reciprocity with other members of IC&RC; our membership also allows us to collaborate with other states/countries/jurisdictions on best practices.

IBC's Executive Director, Debbie Gilbert, was elected four years ago to serve as Administrator's Representative for IC&RC, which also allows her to serve on IC&RC's Executive Committee. The Administrator's Rep serves as a liaison between other state's/country's executive directors and IC&RC's Executive Committee. Prior to this position, Debbie held the position of Marketing Chairperson for 7 years which also allowed her to serve on IC&RC's Executive Committee. In this way, she has had a unique role in advocating for Iowa's certified professionals. As Administrator's Rep, Debbie chairs monthly conference call meetings with other board administrators, and attends two IC&RC meetings each year, many times along with IBC's Board President.

IC&RC is the global leader in the credentialing of prevention, addiction treatment and recovery professionals. Organized in 1981, IC&RC provides standards and examinations to certification and licensing boards in 25 countries, 47 states and territories, 5 Native American regions and all branches of the U.S. military.

Quality and integrity are the foundation of IC&RC's work. IC&RC's credentials use the latest research on evidence-based practices, and they are updated every 5 years and subjected to an extensive process of peer review. IC&RC examinations are based on formal Job Analyses, written by subject matter experts, and supported by current references. Member boards are audited regularly to ensure compliance with international standards.

With more than 45,000 professionals in prevention, alcohol and drug counseling, clinical supervision, criminal justice addictions, and co-occurring disorders, IC&RC represents up to half of all substance abuse professionals in the U.S.

You can learn more about IC&RC at their website at

www.internationalcredentialing.org.

Join us in our life-saving work

Jackson Recovery Centers is seeking skilled and passionate professionals to deliver services in an outpatient setting.



- Positions available in Sioux City and Cherokee •
- Responsible for assessments, treatment planning, group and individual therapy, and discharge planning •
- Bachelor's Degree in human services plus 1 year experience or High School Diploma plus 3 years experience in addictions field •
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- Competitive salary and benefits •

Send resume to:
Jackson Recovery Centers
800 5th Street, Suite 200
Sioux City, IA 51101

Or submit online application at
www.jacksonrecovery.com



Certification & Ethics Information for your Agency

IBC's Executive Director, Debbie Gilbert, is available to speak to employees at your agency regarding any of IBC's credentials and to assist them in the certification process. It's even possible for contact hour credit to be awarded to attendees, which in turn can be used for certification/recertification applications.

If you would like to have Debbie come to your agency, please call her at the IBC office at 515-965-5509 or email her at info@iowabc.org.

Need Education Hours?

Did you know that IBC has an area on the web site entitled "**Online Ed**" where you can go to find online/distance learning organizations to help you obtain hours for certification or recertification?

Remember that new applicants may have up to 50% of their education hours in distance/online education to qualify for certification; current certified professionals are allowed up to 20 hours of distance/online education for recertification.

IBC appreciates our advertisers - both in the Online Ed site and in our newsletters - and we encourage you to utilize their services when it comes to finding quality online education.

Addiction Studies at the University of South Dakota.



We are a national leader in offering addiction, co-occurring and prevention education that emphasizes state-of-the art evidence-based approaches to addiction/prevention, giving students the skills and knowledge they need to meet the changing needs of the clients and the communities they live in.

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A BIG Thank You to our Advertisers

IBC is very appreciative of our advertisers and their willingness to get vital information to you which assists with your training and professional needs.

Please be sure to utilize our advertisers as much as possible when you are looking for trainings and continuing education hours. You'll find their information both in our newsletters and on the "Online Ed" tab of our website.

Debbie Gilbert, Executive Director
Iowa Board of Certification

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