



## IBC CARE Conference

**C - Cultural Consideration**

**A - Addictions & Trends**

**R - Reducing Stress & Promoting Self-Care**

**E - Exploring Best Practice**

**September 14-15, 2017**

**Courtyard by Marriott Ankeny – Salons I, II, III, IV**

**2405 Creekview Dr. – Ankeny, IA**

### AGENDA

#### Thursday, September 14, 2017 – PreConference

Noon-12:45 Registration, visit exhibitor booths

1:00-4:15 Concurrent Sessions : **(3.0 hrs-Ethics)**

- A. **Treatment Ethics: The Workplace – Recovery and Ethics** – Eric Preuss **(Salon I)**  
We will explore SAMHSA’s working definition and guiding principles for recovery (developed from conversations with consumers, persons in recovery, family members, advocates, policy-makers, administrators, providers and others) from the perspective of what should we know as care givers, and ethically how we guide those who seek our care.
- B. **Prevention Ethics** – Melissa Walker **(Salon IV)**  
This ethics session will review and provide practical application of IBC’s Prevention Code of Ethics. The session will discuss new code of ethics content that was adopted in 2017 which addresses several new aspects of dual relationships, supervision, ethics investigations, malpractice, financial arrangements, use of technology and social media, and confidentiality as they apply to prevention services.
- C. **Supervisory Ethics: Maneuvering Through the Grey** – Angie Davis **(Salon II)**  
Join us in a facilitated exploration of the practices of and standards set for supervisory personnel. We all read and interpret ethical guidelines through a unique lens. In this workshop, participants will identify with the unique lens we all carry around. Participants will then address the code of ethics, both the black and white print and the grey areas between the letters. We will discuss topics such as: professional judgment, employee management, coaching vs. counseling, and community relationships. Prepare to get to know yourself better and you will walk away with an understanding you did not have before!
- D. **Peer Ethics** - Lisa D’Aunno **(Salon III)**  
This training will be drawn from the Appalachian Consulting Group Peer Support Specialist training, the IBC code of ethics for Peer Recovery Specialists and Mental Health Peer Support Specialists, and William L. White’s seminal article *Ethical Guidelines for the Delivery of Peer-Based Recovery Support Services*. Emphasis will be placed on core values including promoting self-determination, avoiding exploitation, maintaining health boundaries, respecting individual privacy (confidentiality) and assuring competence.

4:30-5:30 Informal Networking and Topic Tables (light snack provided) – visit exhibitor tables

**Friday, September 15, 2017**

8:00-8:45 Registration, visit exhibitor tables

8:45-8:55 Welcome – IBC Executive Director and members of IBC’s Executive Committee

9:00-Noon Opening Keynote – **Good Grief: The Use of Logo Therapy and Other Techniques to Help Clients with Substance Use Disorders Cope with Loss** - Mark Sanders, LCSW, CADC – Chicago, IL **(Salon I, II & III)**  
**(3.0 hrs-Alcohol & Drug)**

Losses are a major reason why clients with substance use disorders use chemicals, and issues around loss are often a major cause of relapse. This presentation will prepare participants to help clients with substance use disorders cope with the wide range of losses they experience including the loss that accompanies giving up alcohol and other drugs, death of a parent/child/sibling, ambivalent losses, unspeakable losses, separation/divorce, parental abandonment, the end of an addictive relationship, loss of custody of a child, evictions, loss of dreams, loss of employment, deterioration in physical functioning, etc. Topics covered include: the use of logo therapy techniques developed by the renowned psychiatrist Victor Frankl to help clients turn the pain of loss into purpose, grief counseling with a focus on additions treatment and recovery, gender differences in grief work and implications for addictions counseling, story-telling as grief work, the states of grief and the role of the counselor, the work of Kubler-Ross revisited, and the termination phase of counseling with clients with substance use disorders as grief work, as well as non-traditional approaches to grief recovery.

Noon-1:15 Lunch (**served in Salon IV, eat at your seats in Salon I, II & III**) and door prize drawing (must be present to win), visit exhibitor tables

1:30-4:45 Concurrent Sessions

E. **The A-B-C of Diversity and Multiculturalism: Practical Applications to Empower Service Providers** - Roberto Swazo **(Salon III & IV)** **(3.0 hr-Racial/Ethnic)**

General objectives: 1) Increase the cultural/ethnic/SES, national/international awareness and sensitivity of participants via critical information, concepts, definitions and principles. 2) Recognition, description, and evaluation of the practitioner’s culture with respect to the client’s cultures and its impact during counseling/therapeutic interventions. This prevents the “clash of cultures” and misunderstandings leading to inaccurate diagnoses and treatment interventions. 3) Practical applications and illustrations of cultural competencies as reflected in substance abuse clinical/therapeutic processes that will increase the quality of services of providers.

F. **Creating Sanctuary – Creating an Environment for Growth & Change** – Tony Wilson **(Salon I & II)**  
**(3.0 hr-Counseling Theories)**

This session will help participants understand the concept of sanctuary, learn why sanctuary is important for growth and change and how to establish sanctuary.

4:45-5:30 Evaluations (leave on registration table) and visit exhibitor tables