



IBC C.A.R.E. Conference 2017

General Information & Registration

September 14-15, 2017

C - Cultural Consideration
A - Addictions & Trends
R - Reducing Stress & Promoting Self-Care
E - Exploring Best Practice

This year's **IBC C.A.R.E. Conference** will be held on Friday, September 15, 2017 from 8:45-4:45 at the Courtyard by Marriott in Ankeny, Iowa. Registration will be held from 8:00-8:45.

Additionally, we will be holding a **pre-conference** on Thursday, September 14 from 1:00-4:15 which will feature four Ethics break-outs: treatment, prevention, supervisors and peers. The ethics training will be followed by an hour of informal networking and topic tables (light snacks will be served and are included with a paid registration). A separate registration fee is required for this ethics training and networking time. Registration for the pre-conference will be from Noon-12:45 on Sep. 14.

Cost of registration for both days is **\$160.00 prior to September 1**, and **\$180.00 after September 1**. Cost of registration for Thursday only, September 14 (3 hours in Ethics) is \$45.00 prior to September 1 and \$50.00 after September 1. Cost of registration for Friday only, September 15 (6 hours) is \$120.00 prior to September 1 and \$130.00 after September 1. The attached registration form can be also found on the IBC website at www.iowabc.org, and needs to be completed and sent to the IBC office with payment. Registrants will be notified via email when their registration form and payment is received. The registration fee for Thursday's pre-conference includes attendance at the ethics training of your choice, materials, snack and networking/topic tables. The registration fee for Friday includes attendance at the conference, conference materials, morning and afternoon snacks and lunch (baked potato, soup and salad bar) on the 15th.

Space is limited and registrations will be taken on a first come/first served basis. Walk-in registrations will only be accepted the day of the conference provided there is space available. ***A refund of 70% will be allowed for cancellations received by September 7; after September 7, no refunds will be made.***

Exhibitors will be present on both September 14 and September 15.

IBC CEU's Offered:

Thursday Pre-Conference:

3.0 hours in Ethics (select between treatment, prevention, supervisor or peer)

Friday conference:

6.0 hours; IBC certified professionals will be allowed hours as follows:

- Morning Keynote: 3.0 hour in Alcohol & Drug Specific
- Session A (Friday afternoon): 3.0 hours in Racial/Ethnic
- Session B (Friday afternoon): 3.0 hours in Counseling Theories

Certificates will be emailed to participants the week after the conference.

Sleeping Rooms

The Courtyard by Marriott Ankeny has reserved a limited block of rooms for Wednesday (Sep. 13), Thursday (Sep. 14) and Friday (Sept. 15) nights at the rate of \$129.00/night (plus tax). Participants will pay for their room directly with the hotel and must make their own reservations by **August 23**; after that date, reservations at this room rate will be taken on a space available basis only. You may contact the hotel at 515-422-5555 and tell them you are coming for the Iowa Board of Certification conference.



IBC CARE Conference 2017

Registration Form

Name _____

Agency _____

Work Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

I am registering for just the Ethics Pre-Conference on Sep. 14 ____ (\$45.00 prior to 9/1/17, \$50.00 after)

I am registering for just the Conference on Sep. 15 ____ (\$120.00 prior to 9/1/17, \$130.00 after)

I am registering for both the Pre-Conference and Conference (both days) ____ (\$160.00 prior to 9/1/17, \$180.00 after)

Note: *your certificate of completion will be emailed to you following the conference*

Workshop Choice for Pre-Conference on September 14 (**Circle your choice**):

- 1:00-4:15**
- A – Treatment Ethics – Eric Preuss
 - B – Prevention Ethics – Melissa Walker
 - C – Ethics for Supervisors – Angie Davis
 - D – Ethics for Peers – Lisa D’Aunno

4:30-5:30 Informal Networking and Topic Tables (light snack provided) – visit exhibitor booths

Workshop Choice for September 15 (**Circle your choice for afternoon session...your certificate of completion will reflect this choice**):

- 9:00-Noon** **Keynote:** *“Good Grief: The Use of Lego Therapy and Other Techniques to Help Clients with Substance Use Disorders Cope with Loss”* – Mark Sanders, LCSW, CADC–Chicago, IL
- 1:30-4:45** A – *“The A-B-C of Diversity of Multiculturalism: Practical Applications to Empower Service Providers”* - Dr. Robert Swazo
- 1:30-4:45** B – *“Creating Sanctuary – Creating an Environment for Growth and Change”* – Tony Wilson

Lodging:

The hotel has set aside a limited number of rooms for the nights of Sep. 13, 14, and 15 at the rate of \$129.00 per night (plus tax). Participants are responsible for paying the hotel directly for a room, and need to call the hotel at 515-422-5555 – mention the Iowa Board of Certification Conference when calling.

Registration Cost:

- \$160.00 for both days prior to September 1, 2017 (received in the IBC office by this date), \$180.00 after September 1
- For Friday's conference only, \$120.00 prior to September 1, 2017 (received in the IBC office by this date), \$130.00 after September 1
- For Thursday's pre-conference on Ethics only, \$45.00 for prior to Sep. 1, 2017 (received in the IBC office by this date), \$50.00 after September 1

A check made out to IBC may be sent with this registration form, or it may be paid in cash at the IBC office (exact change only), or paid on the IBC website with Dwolla. ***An email will be sent to the registrant when both the registration form and payment have been received.***

If you plan to attend Thursday's pre-conference, we would like your input on topics you'd be interested in for small-group topic table discussions. Please indicate your suggestion(s) below:

Mail your completed registration form and payment to:

**Iowa Board of Certification
225 N.W. School St.
Ankeny, IA 50023**

IBC CARE Conference

Speaker Bios



Our Keynote Speaker: Mark Sanders, LCSW, CADC, is an international speaker in the behavioral health field whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. He is the author of 5 books. Recent writings include: ***Relationship Detox: How to Have Healthy Relationships in Recovery*** and ***Slipping Through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders***. He has had two stories published in the *New York Times* best-selling book series, ***Chicken Soup for the Soul***. Mark is also a recipient of numerous awards including a lifetime achievement award from The Illinois Addiction

Counselor Certification Board for his contributions to the Addictions field, and the Barbara Bacon Award for outstanding contributions to the Social Work Profession as a Loyola University of Chicago Alumni. He is co-Founder of Serenity Academy Chicago, the only recovery High School in Illinois. He is a lecturer at the University of Chicago *College of social work*.



Roberto Swazo has served as a middle and high school teacher, school counselor in private and public schools (6th-12th grades), college counselor, and as a clinical mental health practitioner and consultant. He is a full professor and Division Chair of the School of Mental Health Counseling program at the University of Northern Iowa (UNI), Cedar Falls, and has served in the same capacity at Florida Agricultural and Mechanical University (FAMU) in Tallahassee, Florida as well as at Roosevelt University (RU) in Chicago. He has published 16 professional articles, 3 book chapters, and 3 books. In addition to teaching, Dr. Swazo is a frequent speaker at professional conferences and conducts workshops throughout the United States and abroad on multicultural issues and psycho-bilingual training (teaching

basic Spanish interventions) for schools and mental health agencies. He has presented or has been invited as a keynote speaker in Mexico, Puerto Rico, Nicaragua, Guatemala, Costa Rica, Ecuador, Guatemala, Russia, Czech Republic, Poland, Hungary, Italy, and Spain. He also teaches frequently as an invited professor at the Universidad del Valle in Guatemala in the school and mental health programs. He was awarded a Fulbright Specialist Scholar project by the Institute of International Education and Council for International Exchange of Scholars at the University of Palermo, Sicily, Italy. Dr. Swazo is a dual citizen: European Union/Spain and U.S. Dr. Swazo holds a Ph.D. in counselor education, Oregon State University; Masters in School Counseling, University of Puerto Rico; Bachelor's degree in general sciences (biology, chemistry, and physics), University of Puerto Rico



Tony Wilson has 30 years experience as an educator. He has held positions as teacher, asst. principal, educational coordinator and coordinator of afterschool programs. After retiring in 2001, he served as Coordinator of the Reentry program at Des Moines Community College, working with ex-offenders returning to the community. He also served as the Coordinator of Outreach at Neighborhood Health Initiative, where he worked with underserved populations, helping them to find resources that led to economic self-sufficiency and improved life outcomes. He has served as a consultant to the Dept. of

Corrections, working to make the Domestic Violence Education Program culturally relevant which effectively helps reduce the reoccurrence of domestic violence. Tony retired from the Iowa Air National Guard in 2009 after completing 30 years of service. He held the rank of Lt. Colonel and retired as the installation Inspector General. Tony currently works as a consultant, providing personal and professional development training to the Dept. of Human Services that is designed to improve the health of the helper and improve outcomes for service workers and families that they serve. He also serves as a consultant to Project IOWA, a workforce training initiative, providing soft skills/life skills training to unemployed and underemployed individuals. Tony received his Bachelor's degree from Central College in Elementary Ed and a Master's degree in Curriculum and Instruction from Drake University. He has served on the Board of numerous community organizations. Tony is the author of a new book titled ***You Are Enough***, aimed at helping people regain the self-confidence and self-worth that is their birthright, and to understand how to more effectively harness the power of thought.



Eric Preuss, IAADC, CCS, LLICDC is the Program Manager for the Iowa Gambling Treatment Program (Iowa Department of Public Health/Division of Behavioral Health) and has been with the Department since 2010. Since July of 2013, Eric provides daily functional oversight of all statewide IGTP activities (treatment, prevention, helpline, data, health promotion, QA, and research). Additionally, Eric serves on the board for the Association of Problem Gambling State Administrators (APGSA). Prior to joining IDPH, Eric spent over 20 years as a counselor, educator and leader in the areas of substance use disorder treatment and homelessness. He holds a Master's degree from the Methodist Theological School in Ohio.



Melissa Walker, CPS, is a Certified Prevention Specialist and Deputy Director of Prevention Services at the Area Substance Abuse Council, where she provides administrative oversight and development to substance abuse prevention programs and services in five counties. She has been with ASAC since 2001. She is involved in several state and international initiatives includes the Iowa Board of Certification, Iowa Substance Abuse Supervisor's Association, Prevention Partnerships Advisory Council, IC&RC's Prevention Committee, and the Iowa Tobacco Commission. She is a certified Prevention Ethics Trainer through SAMHSA's Center for the Application of Prevention Technologies, and has been providing ethics trainings for the past seven years.



Angela Davis is a Human Services professional who has been involved in the helping professions for 15 years covering fields including nursing, therapy, education and case management. Interests in humanism and social justice have driven her to pursue degrees in Psychology (BA) and Education (MS). To better serve others and her field she has attained certifications in Addictions Counseling, Co-Occurring Counseling and Tobacco Treatment. Her positive attitude toward change and growth in herself has made it possible to offer new, effective additions to the helping practice built on solid foundations of tradition and integrity. Angela enhances the field by providing inservice trainings, cross-training services, collaborative strategies, and community education trainings. Her trainings include a standard curriculum based upon research and practice in the field with individualized objectives and training methods to meet the needs of the anticipated participants. Angela has trained at the agency level for local non-profit organizations, the state level for coalitions and certification boards, and the national level for provider associations. Her approach is primarily focused on transformational learning where each participant meets their objectives in 2 ways: 1) gain knowledge and abilities to enhance their current skill set, and 2) take risks, challenging the status quo with new concepts, partnerships and techniques. Angela also services on the Iowa Board of Certification's Board of Directors, and assists on IBC's Training Committee and Ethics Committee.



Lisa D'Aunno, J.D., is Training Director at the National Resource Center for Family Centered Practice (NRC), on the leadership team of the Iowa Peer Support and Family Peer Support Training Project, and an Adjunct Associate Professor at the University of Iowa School of Social Work. As an attorney, social work administrator, and trainer, Lisa has worked in the areas of child welfare, family law, and mental health for 30 years. Lisa regularly trains on ethics for a variety of professional groups, including social workers, family support professionals, mental health providers, community action staff, and correctional staff. Ethics presentations can be tailored for administrators, supervisors and direct service staff, and can incorporate topics on legal liability, duties to colleagues, and cultural competence as an ethical obligation. Before joining the NRC, Lisa worked for eight years as the Director of Best Practice Projects for the Illinois DCFS Office of the Inspector General. She has taught courses in social work and law at the University of Iowa, University of Chicago, and University of Michigan and has co-authored a number of articles.

