



IBC C.A.R.E. Conference 2018

General Information & Registration

September 27-28, 2018

C - Cultural Consideration
A - Addictions & Trends
R - Reducing Stress & Promoting Self-Care
E - Exploring Best Practice

This year's **IBC C.A.R.E. Conference** will be held on September 27-28, 2018 at Lutheran Church of Hope at 925 Jordan Creek Parkway in West Des Moines, Iowa.

We are excited to have Scott Breedlove of Missouri at our Preconference as the presenter of a 3-hour Ethics session that will focus on social media on **Thursday, September 27** for all credentials, from 12:15-3:30. On **Friday, September 28**, we'll kick off our conference with some special awards, then Mark Sanders, our keynote from last year's conference, will keynote from 9:15-12:15 to speak on "Tailoring Addictions Treatment." The afternoon will consist of 2 break-out sessions: one on "Self-Care" with Scott Breedlove, and the other on "Opioid Pain Killers and the Heroin Epidemic" by Pat Reinert and Al Fear (who were very popular at our 2016 conference).

Registration:

- Cost of registration for both days is \$130.00 through May 31, \$140.00 from June 1-September 15, and \$150.00 after September 15.
- Cost of registration for Thursday only, September 27 (3 hours in Ethics) is \$40.00 through May 31, \$45.00 from June 1-September 15, and \$50.00 after September 15.
- Cost of registration for Friday only, September 28 (6 hours) is \$95.00 through May 31, \$100.00 from June 1-September 15, and \$105.00 after September 15.

The attached registration form can be also found on the IBC website at www.iowabc.org, and needs to be completed and sent to the IBC office with payment. Registrants will be notified via email when their registration form and payment is received. The registration fee includes attendance, materials, snacks and certificate of completion.

Space is limited and registrations will be taken on a first come/first served basis. Walk-in registrations will only be accepted the day of the conference provided there is space available. ***A refund of 70% will be allowed for cancellations received by September 15; after September 15, no refunds will be made.***

Exhibitors will be present on September 28th only.

IBC CEU's Offered:

Thursday Pre-Conference:

3.0 hours in Ethics

Friday conference:

6.0 hours; IBC certified professionals will be allowed hours as follows:

- Morning Keynote: 3.0 hours in Alcohol & Drug Specific
- Session A (Friday afternoon): 3.0 hours in Alcohol & Drug Specific
- Session B (Friday afternoon): 3.0 hours in Counseling Theories

Certificates will be emailed to participants the week after the conference.

Area Hotels/Restaurants

There are several hotels within 2 miles of Lutheran Church of Hope – see below. **You will need to make your reservation directly with the hotel of your choice.**

<i>Candlewood Suites Des Moines</i> 7625 Office Plaza Dr. North	515-221-0001
<i>Courtyard by Marriott</i> 410 S. 68 th St.	515-223-9800
<i>Fairfield Inn & Suites by Marriott Des Moines West</i> 7225 Vista Dr.	515-225-6100
<i>Hampton Inn by Hilton</i> 6160 Mills Civic Pkwy.	515-218-1110
<i>Hilton Garden Inn West Des Moines</i> 205 S. 64 th St.	515-223-0571
<i>Holiday Inn</i> 6075 Mills Civic Pkwy.	877-859-5095
<i>Holiday Inn Express & Suites West Des Moines/Jordan Creek</i> 240 Jordan Creek Pkwy.	855-799-6861
<i>Homewood Suites by Hilton West Des Moines</i> 6220 Stagecoach Dr.	515-218-7500
<i>Hyatt Place West Des Moines/Jordan Creek</i> 295 64 th St.	515-223-4001
<i>Residence Inn Marriott</i> 160 S. Jordan Creek Pkwy.	515-267-0338
<i>SpringHill Suites by Marriott Des Moines West</i> 1236 Jordan Creek Pkwy.	515-223-9005
<i>TownePlace Suites by Marriott Des Moines West/Jordan Creek</i> 125 S. 68 th St.	515-223-8015
<i>West Des Moines Marriott</i> 1250 Jordan Creek Pkwy.	515-267-1500



IBC CARE Conference 2018

Registration Form

Name _____

Agency _____

Work Address _____

City _____ State _____ Zip _____

Cell Phone _____ Email _____

I am registering for both the Pre-Conference and Conference (both days) _____ (**\$130.00 through 5/31/18, \$140.00 from June 1-September 15, \$150.00 after 9/15/18**)

I am registering for just the Ethics Pre-Conference on Sep. 27 _____ (**\$40.00 through 5/31/18, \$45.00 from June 1-September 15, and \$50.00 after 9/15/18**)

I am registering for just the Conference on Sep. 28 _____ (**\$95.00 through 5/31/18, \$100.00 from June 1-September 15, \$105.00 after 9/15/18**)

Note: your certificate of completion will be emailed to you following the conference

Pre-Conference on September 27

12:15-3:30 Ethics in the Digital Age – Scott Breedlove

Workshop Choice for September 28 (Circle your choice for **afternoon session**):

9:15-12:15 Keynote: "Tailoring Addictions Treatment" – Mark Sanders

1:45-5:00 A – "Self-Care" – Scott Breedlove

B – "Opioid Addiction issues in Iowa" – Pat Reinert and Al Fear

Lodging:

There are many hotels within blocks of Lutheran Church of Hope – see attached hotel list. You are responsible for making your hotel reservation at the hotel of your choice. Note: Jordan Creek Mall is less than a mile south of Lutheran Church of Hope where many restaurants and hotels may be found.

A check made out to IBC may be sent with this registration form, or it may be paid in cash at the IBC office (exact change only), or paid on the IBC website with Dwolla. **An email will be sent to the registrant when both the registration form and payment have been received.**

**Mail your completed registration form and payment to: Iowa Board of Certification
225 N.W. School St., Ankeny, IA 50023**

3rd Annual IBC CARE Conference

Speaker Bios



Our Keynote Speaker: Mark Sanders, LCSW, CADC, is an international speaker in the behavioral health field whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. He is the author of 5 books. Recent writings include: ***Relationship Detox: How to Have Healthy Relationships in Recovery*** and ***Slipping Through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders***. He has had two stories published in the *New York Times* best-selling book series, ***Chicken Soup for the Soul***. Mark is also a recipient of numerous awards including a lifetime achievement award from The Illinois Addiction Counselor Certification Board for his contributions to the Addictions field, and the Barbara Bacon Award for outstanding contributions to the Social Work Profession as a Loyola University of Chicago Alumni. He is co-Founder of Serenity Academy Chicago, the only recovery High School in Illinois. He is a lecturer at the University of Chicago *College of social work*.



Scott Breedlove, MS, CPS, MARS, holds a Master of Science Degree in Addiction Studies from the University of South Dakota and has 17 years of experience working with clients and serving in various roles including peer, counselor, supervisor, director and trainer. Scott currently serves as the Assistant Director for the Missouri Credentialing Board, teaches as an adjunct for Columbia College and has a private practice in which he conducts substance use disorder classes. Scott has been a master trainer for the ATTC Network since 2006 focusing primarily on Clinical Supervision training and Technology Based Clinical Supervision training. Scott is a frequent conference speaker across the nation including providing keynote sessions for the Iowa Governor's Conference on Substance Use, the West Coast Problem Gambling Conference and the Missouri Juvenile Justice Association Conference. Scott celebrated 26 years of personal long-term recovery in September 2018 and tells his story whenever he gets a chance at recovery events, faith-based events and professional conferences.



Al Fear is a 23-year veteran of the Cedar Rapids Police Department. He is currently assigned to the United State's Attorney's Office as the Coordinator of the Eastern Iowa Heroin Initiative. Officer Fear travels throughout the State of Iowa educating communities on the dangers of the opioid epidemic and helps those who are struggling with addiction find treatment resources. Al is also the founder of the community action group CRUSH of Iowa -- CRUSH stands for Community Resources United to Stop Heroin.



Pat Reinert is a 1983 graduate of Iowa State University, a 1986 graduate of the University of Iowa, College of Law and a 2005 graduate of the U.S. Army War College with a Master's in Strategic Studies. Mr. Reinert has been an Assistant United States Attorney in the Northern District of Iowa since December of 1990, and currently serves as the Deputy Criminal Chief for the District with an emphasis on narcotics prosecutions. In addition to his work in the United States Attorney's Office, Mr. Reinert is a Major General in the U.S. Army Reserve and served in various assignments as a lawyer, judge and commander. In October of 2014, Mr. Reinert returned from a lengthy deployment to Afghanistan, and is currently assigned as the Commanding General of the 88th Readiness Division in Fort McCoy, Wisconsin. The 88th Division provides installation, personnel and logistical support to over 55,000 soldiers in an 18-state region from the Ohio River to the Pacific coast.